

This patient story was verbally given by some board attendees from Xplode magazine. This was following feedback from a young adult they had contact with.

This is not the usual format of describing a patient story as this hasn't been transcribed directly from a patient but on behalf of a patient, at a formal board meeting.

An overview was given, of a young person's difficulty in accessing a range of appointments, including:

- treatment room services
- sexual health services
- mental health services

Following the discussion among board members, it was felt that better communication is needed with young adults. This is because young adults may sometimes, not be aware of services that are offered in our locality and how they operate. We also discussed how flexibility for young people is a key consideration when commissioning services.