

Coronavirus

Partner update



Update: 19th January, 2021

Dear colleagues,

Happy New Year! 2021 was another tough year for many people so let's hope that 2022 is better.

The borough's Covid-19 vaccination programme continued throughout the festive period, with staff and volunteers working tirelessly over Christmas and New Year to give everyone the opportunity to get their booster jab. The response from Bolton people was amazing but after an initial surge, we have had a drop in numbers at many of our sites.

Please do get boosted if you're eligible to ensure that you have the best protection against the dominant Covid-19 Omicron variant. And remember, it's never too late to get your first or second dose if you've not already had them!

The expansion of the vaccination programme means that 16 and 17 year olds can now get their booster jab at any of Bolton's walk-in sites if it has been at least 12 weeks since their second dose.

Bolton NHS Foundation Trust will begin delivering second doses of the Covid-19 vaccine to 12-15 year olds in schools today (January 19). More details are below. Additionally, 12-15s can get their first or second dose of the vaccine at the walk-in clinics at Bolton Wanderers, Market Place Shopping Centre and Horwich RMI. They need to be accompanied by a parent or carer, and second doses must be at least 12 weeks after the first.

**Communications and Engagement Team
NHS Bolton Clinical Commissioning Group**



Partner Update

Walk-in vaccination clinics

Details of this week's walk-in Covid-19 vaccination sites in Bolton are [in this poster](#), on the [CCG's website](#) and on the CCG's Facebook, Twitter and Instagram pages.

Over-18s must wait at least 28 days after a positive Covid test to get any dose of the vaccine, 12 weeks for under-18s.

School vaccinations

Bolton NHS Foundation Trust will begin delivering second doses of the Covid-19 vaccine to 12-15 year olds in schools today (January 19).

Every school has been contacted directly and will be visited once before March 31. Arrangements have been made to get parental consent in advance.

Pupils will only be able to have their second jab if:

- It is 12 weeks since their first dose
- They have not tested positive for Covid-19 in the last 12 weeks

In addition, if any parent would like their child to have their first dose in school, they can indicate this on the consent form.

As mentioned above, 12-15s can also get a first or second dose of the vaccine without an appointment at three walk-in sites in Bolton.

Self-isolation guidance

The [self-isolation guidance for people with coronavirus](#) has changed. It is now possible to end self-isolation after five full days if you have two negative LFD tests taken on consecutive days.

Testing changes

Most people who have a positive lateral flow test no longer need to take a PCR test to confirm they have Covid-19.

If you test positive on a lateral flow device (LFD) test you should self-isolate immediately and register your result at [GOV.UK](#) so that NHS Test and Trace can trace your contacts.

Remember:

- **LFD** tests are to be used by people **without** Covid-19 symptoms.
- Anyone who has one of the main symptoms of Covid-19 – a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste – should self-isolate and take a **PCR test**.
- People who get **positive PCR test** result must self-isolate, **even if they have had a recent negative LFD test**.

[More information.](#)

Participants needed for Covid-19 study

The PANORAMIC study is investigating if new antiviral treatments for Covid-19 in the community can reduce the need for hospital admission and help people to get better soon at home.

The nationwide study, funded by the National Institute for Health Research, is [recruiting volunteers in Greater Manchester](#).

To be eligible, people need to be currently experiencing Covid-19 symptoms that started in the last five days, have a positive PCR test for Covid-19 and be aged 50 or over, or aged 18 and over with a listed pre-existing condition.

Pausing of some non-urgent surgery and appointments

Along with all hospitals in Greater Manchester, the [Royal Bolton Hospital has paused some non-urgent surgery and appointments](#) due to the rising impact of Covid. Patients who will be affected by this are being contacted.

This will not affect cancer and urgent care, including cardiac surgery, vascular surgery and transplantation. Additionally, diagnostic services, including endoscopy, and the majority of outpatient services will continue wherever possible.

Waiting well

If your operation or procedure has been postponed, the [While You Wait website](#) provides information and advice, along with handy resources, to help you manage your physical and mental wellbeing while waiting for hospital care.

Temporary closure of Ingleside Birth Centre

Bolton NHS Foundation Trust has temporarily closed Ingleside Birth Centre in Salford for births because of the pressure on services due to Covid.

Women who had planned to have their baby there will be offered alternative options. The centre will remain open for antenatal and postnatal appointments, which will go ahead as normal.

[More information is on the trust's website.](#)

Share your views on SEND childcare

Are you a parent or a carer of a child with special educational needs and disabilities (SEND)?

Please [take part in this short survey](#) to tell Bolton Council what you think about SEND childcare in Bolton. The deadline has been extended to February 14.

Bereavement support training

People who work or volunteer in Bolton can take part in training to support adults coping with grief and bereavement.

Available dates are:

- Wednesday, February 2: 1pm-3.30pm
- Tuesday, February 15: 1pm-3.30pm
- Tuesday, March 15: 1pm-3.30pm
- Wednesday, April 13: 1pm-3.30pm
- Thursday, April 28: 1pm-3.30pm
- Tuesday, May 17: 1pm-3.30pm

Early booking is advised. [Click here for more information.](#)

The courses take place at Bolton Hospice and are part of Bolton Council's programme of free [mental health and wellbeing training](#).

Unity walks

Bolton Unity Project is holding a series of walks to bring people from different backgrounds together:

- Thursday, January 20: 2pm
Walker Fold with The Woodland Trust
- Thursday, January 27: 2pm
Rivington Reservoir: Great Hall Barn to Liverpool Castle
- Thursday, February 3: 2pm

- Tree planting at Walker Fold with the Woodland Trust
- Thursday, February 10: 2pm
Last Drop Village to Turton Tower

The two to three-mile walks are fairly gentle, although the tree planting activity is on a steep slope. To take part, email Keith Armstrong tcc@bolton.gmim.org.uk and include the name and email address of each person who would like to attend.

Support for parents

Help and advice is available for worried parents of children aged three and under who have a cough, cold or chest infection.

They can call the Barnardo's [Boloh helpline](tel:08001512605) on 0800 151 2605 to speak to a trained adviser who can provide:

- Advice on signs and symptoms, and appropriate care in the home
- Information on how and where to access health support
- Practical support for food vouchers, digital equipment etc.
- Housing and finance advice
- Help to parents in speaking to NHS 111 and 999 services
- Help registering with GPs

Advisers can provide a service in English, Punjabi, Hindi, Urdu, Albanian, Polish, Luganda, Ruyankole, Rukiga, Rutooro and Kinyarwanda. Interpreters can be provided for other languages.

Food swaps

This [leaflet for schools](#) has more information about the new NHS Food Scanner app to help families find healthier food and drink options.



If you no longer wish to receive this email then please email bolccg.communications@nhs.net and we will remove you from our distribution list.

We will endeavour to keep you updated but as the situation is changing rapidly, you should check the national coronavirus guidance regularly.

The information in this is update correct at the time of issue. It is gathered from a number of sources including Bolton Council, CVS and Healthwatch.



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