

Coronavirus

Partner update



Update: 8th March 2022

Dear colleagues,

We have produced a new [video](#) encouraging people who haven't yet had their Covid-19 vaccinations to come forward.

Pastor Hubert from Ephrata Church at Victoria Halls and Tunde Olasupo, an executive co-ordinator at Believe Achieve CIC youth organisation in Farnworth, describe how they felt getting their jabs.

We worked with colleagues at Caribbean & African Health Network (CAHN) and Bolton Council to help us reach people who, for whatever reason, have not yet had their Covid-19 vaccinations. This might be dose one, two or their booster.

We hope you agree that Pastor Hubert and Tunde are really personable and confident in getting the message out to their communities.

Since restrictions were lifted, the vaccination programme continues to be our biggest defence against Covid. It is just as important as ever for people to get jabbed – if not more so.

Please share the video with your contacts.

**Communications and Engagement Team
NHS Bolton Clinical Commissioning Group**



Partner Update

Walk-in Covid-19 vaccination clinics

Details of this week's walk-in Covid-19 vaccination sites in Bolton are [in this poster](#), on the [CCG's website](#) and on the CCG's Facebook, Twitter and Instagram pages.

If you've had to postpone your jab because you've recently had Covid, please remember to get it as soon as you can.

Over-18s must wait at least 28 days from a positive Covid test, or the start of symptoms, to get any dose of the vaccine.

The period is 12 weeks for under-18s. If a child is at high risk (their parents will have received a letter from the NHS), it is reduced to four weeks.

Pop-up clinic

A walk-in Covid-19 vaccination clinic for refugees, asylum seekers and anyone else who would like to get their jab takes place at BRASS (Befriending Refugees and Asylum Seekers), Green Lane, Great Lever on Wednesday 9 March.

It is open to over-16s from 10am-2pm. No appointment is needed and you don't have to be registered with a GP.

More details are in this leaflet which is available as a [PDF](#) and an [image](#). Please share.

Hajj and Umrah pilgrimages

People who are planning to take part in the Hajj and Umrah pilgrimages should ensure that they are up to date with all the vaccinations needed.

There is NO need to delay having the Covid-19 vaccine if you are having other vaccinations for travel. Government guidance says it is safe to have two or more different vaccinations either at the same time or close together with any dose of the Covid-19 vaccine (except for the shingles vaccine where a seven-day interval is advised).

Saudi Arabia requires travellers to have had two doses of the Covid-19 vaccine. If it has been eight months since your second dose, then a Covid booster is also required. Unvaccinated travellers will need to quarantine on arrival.

[Check the updated travel guidance.](#)

Know your doses

You may be confused about what 3rd and 4th doses of the Covid-19 vaccine are and who can have them.

3rd and 4th doses are for over-12s who had a weakened immune system when they had their first two jabs. [Eligible people](#) should have received an NHS invitation – this could be a letter, text or phone call from their GP.

The 3rd dose is not the same as a booster!

- Eligible people are offered a 3rd dose as soon as eight weeks after their 2nd.
- They are then advised to have a 4th dose (booster) three months (91 days) later.

People should receive an invitation for their 4th dose; however, if they had their 3rd dose three months ago, and still have that invitation, they can take it along to any of Bolton's walk-in clinics get their 4th dose.

Covid vaccinations for 12-15s

NHS North West has produced [new leaflets](#), including an easy read guide, to promote the Covid vaccine for 12-15 year olds to young people and their parents.

Humanitarian aid for Ukraine

The [Bolton Ukrainian Cultural Centre Facebook page](#) has details of how to support the humanitarian campaign.

New GM health chief



Mark Fisher CBE has been appointed as the chief executive designate of NHS Greater Manchester Integrated Care, the organisation that will replace the region's CCGs, Greater Manchester Shared Services and Greater Manchester Health and Care Partnership on July 1.

More information is in this [letter from Sir Richard Leese](#), chair designate of NHS Greater Manchester Integrated Care. You may also be interested in this [biography](#) of Mark.

Healthy food choices

The [NHS Food Scanner app](#) can be used in the classroom to inspire pupils to make healthier choices. [Click here](#) for more information, including a link to teaching resources and a newsletter for primary school children.

Have your say on neighbourhood policing

Greater Manchester Police wants your views on your neighbourhood and neighbourhood policing teams. [Take part in the survey](#). Deadline: Tuesday 15 March

Faith trail

Bolton Unity Project is holding its final faith trail from 1pm-4pm on Tues 22 March. It is a chance to see different places of worship in Bolton; participants will visit a Hindu temple, a mosque and a church.

To take part email your name, contact email, phone number (optional) and any dietary requirements to hirendra@boltoninterfaithcouncil.org.uk. You will have the option of walking between venues (approximately two miles in total) or driving.

Grief newsletter

This [newsletter from Qwell](#) looks at different types of grief and the help available. [Find out more about Qwell](#) which provides online counselling and wellbeing support for people aged 26 and over in Bolton.

Woodland walk

The Woodland Trust and City of Trees Manchester are holding a dementia friendly walk at Smithills Estate at 11am on Thursday 10 March. Find out more about the estate's history.

For more information and to book a place email smithillsestate@woodlandtrust.org.uk

Peer support

[This flyer](#) has more information about the Bolton IThrive peer support programme for parents and carers of children experiencing mental health difficulties. Parents can refer themselves to the programme.

Domestic abuse

The LGBTQ+ Foundation provides a range of services for victims of domestic abuse in Greater Manchester. [More information is in this poster](#).

If you no longer wish to receive this email then please email bolccg.communications@nhs.net and we will remove you from our distribution list.

We will endeavour to keep you updated but as the situation is changing rapidly, you should check the national coronavirus guidance regularly.

The information in this is update correct at the time of issue. It is gathered from a number of sources including Bolton Council, CVS and Healthwatch.

